



Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
Adult Lunch \$5.50 (Includes tax) Yogurt Smoothies Made to Order Available Everyday	Yogurt Parfait Available on Tuesday and Thursday As an Ala Carte or Meal option			
3	4	5	6	7
Hamburger* Or Grilled Cheese* Tater Tots Sliced Red Peppers Cantaloupe	Superintendent's Conference Day No School for Students 	Beef Meatball & Spaghetti* Or Cheese Quesadilla* Sour Cream and Salsa Green Beans Spinach Salad Sliced Apples	Pancakes w/ Turkey Sausage* 100% Maple Syrup Or Bean Burrito* Sour Cream and Salsa Celery Sticks Tater Tots Strawberries	Fresh Baked Cheese * Or Pepperoni Pizza (P)* Side Salad Sliced Red Peppers Banana
10	11	12	13	14
Fish Bites* Or Cheeseburger* Baked Fries Sliced Red Peppers Sliced Cucumber Sliced Apples	School Closed 	Beef Nachos * Or Mashed Potato Chicken Bowl * Steamed Broccoli Sliced Red Peppers Banana	French Toast w/ Scrambled Eggs* 100% Maple Syrup Or Bean Burrito w/ Cheese* Sour Cream Baked Crinkle Fries Sliced Cucumber Sliced Apples	Fresh Baked Pizza * Or Pepperoni Pizza (P)* Side Salad Steamed Zucchini Pear
17	18	19	20	21
Beef Hot Dog* Or Mac and Cheese* Breadstick Side Salad Baked Potatoes Watermelon	Chicken Tenders* Dinner Roll Or Beef Meatball & Spaghetti* Carrots Steamed Broccoli Apple	Cheese Quesadilla Sour Cream and Salsa Or Fish Tacos Sliced Red Peppers Garbanzo Beans Orange	Pulled Pork Sandwich* Or Pancakes w/ Turkey Sausage* 100% Maple Syrup Baked Spiral Potato Steamed Broccoli Apple	Fresh Baked Pizza * Or Pepperoni Pizza (P)* Side Salad Baby Carrots Banana
24	25	26	27	28
Beef Tacos* Sour Cream and Salsa Or Cheese Quesadilla* Sour Cream and Salsa Steamed Green Beans Carrot Coins Orange	Grilled Cheese* Or Chicken Patty Sandwich * Baked Beans Celery Apple	Early Dismissal No Lunch 	School Closed 	School Closed 

Available Every Day

- Bagel with Cheese Stick
Served with Cream Cheese or Butter
- Sunbutter & Jelly Sandwich,
Turkey or Ham Sandwich

All of these are offered as a Complete Meal, including vegetable, fruit and milk.

A Gluten Free Meal is available with
1 day notification

All Meals include: Entrée, Fresh Fruit, and Choice of Milk- Fat Free White, or 1% White (All grains served are whole grain.) Vegetables (3/4 cup) and Apples, Oranges or Bananas are available daily. All salad dressings are FREE from Hydrogenated Oils, High Fructose Corn Syrup, Preservatives, and Artificial Ingredients & Trans Fat. Milk is antibiotic and hormone free. Local Produce used throughout the month when available from local NJ/NY Farms. * Items contain Milk or Soy. (P) may contain pork.

[Click here](#) to see the selection of healthy snacks and beverages available.

These items require payment at the register or funds on account with MySchoolBucks.

If you have any questions/concerns regarding this menu or there are special dietary needs,

please email gloria.estrada@irvingtonschool.org

This Institution is an equal opportunity employer and provider.